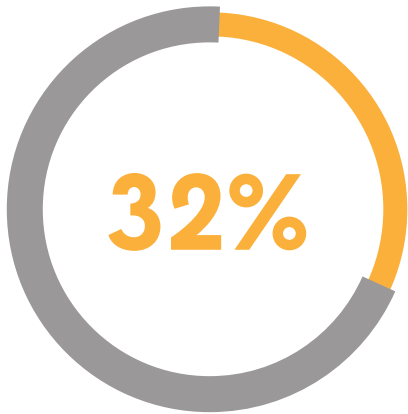


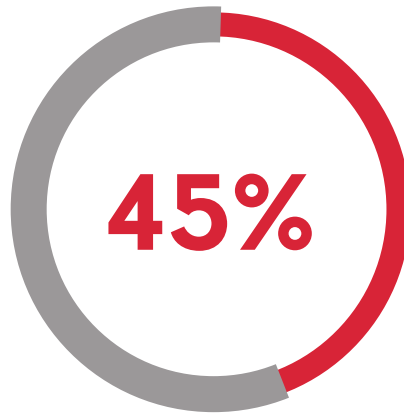
THE INTERSECTION OF HUNGER & HEALTH

For Second Harvest Heartland clients, lack of food means a higher likelihood of chronic disease and poor health. Client households have:

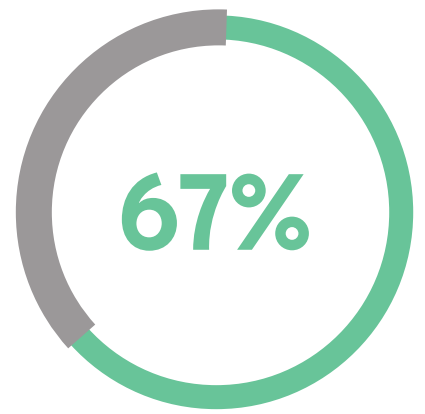
one member with diabetes



one member with high blood pressure



chosen between paying for food & paying for medicine or medical care



Since most people access the health care system, we can connect with clients who aren't currently visiting our agencies by working with health care providers to pass along resources and information supplied by Second Harvest Heartland. We're doing so with a new project called **FOODRx**, which addresses the following three needs:



ACUTE

Immediately provide 72 hours worth of healthy food for acute care needs

CHRONIC

Provide disease-appropriate foods at repeatable bi-weekly or monthly doses

PREVENTION

Connect patients to the existing community resources they need to be healthy & fulfill basic needs

Minnesota spends an estimated **\$1.4 billion** each year in preventable health care costs related to food insecurity. This project has the potential to transform the way both hunger relief and health care are delivered.