

# her voice

## **Requirements of the Transition Home**

Female

Age 18-25 years old

No family or safe place to stay

## **Clear ideas of personal goals: Education/Career**

During the entrance interview each girl must be able to articulate what her future goals are and provide a rough timeline of how long they aim to achieve their goals, indicating an estimated “exit date”.

In their contract they will include 6 goals chosen by THEM that they aim to achieve within the next 3 months. Every 3 months their contract will be evaluated to see if the girl is on track and will be revised as necessary.

## **School Attendance**

If a girl is in school she must attend every class unless she is ill. If she is sick she must produce a doctor’s note.

## **Work/School**

Full time high school = weekend job

Full time college/university = 8 hours of tutoring per week

Part time school = part time job

No school = full time job

Work and school schedule of each individual should be posted in plain sight in the house.

If a girl is looking for a job/school she needs to be interning or volunteering somewhere at least 20 hours in a week in the mean time and having weekly meetings with a supervisor on her progress.

Whenever a girl’s circumstances change (gets a new job, gets accepted to school) a new contract will be made.

## **Financial Contribution**

25% of each girl’s monthly income will go towards rent

5% goes to food

at least 5% into a savings account for the girl to receive once she leaves the home

If a tenant’s income exceeds the amount being paid per rent the difference will be transferred to the savings account of the girl. (Example: Rent is R1000, and 25% percent of a girl’s income is R1200, then R1000 of her paycheck will go to rent and R200 will be added to the 5% going into savings.)

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## **Groceries**

As mentioned above, 5% of each girl's monthly income will go towards the grocery budget. There will be an overall budget (flat rate) given to the whole house based on the number of ladies staying in the home and will be given a gift card to purchase the groceries. The tenants will have to agree upon a system as far as how often and where to buy groceries and which items should be on the list and who will physically go to the shop and buy the groceries. The budget will cover the groceries needed per month and everything else beyond that will be purchased with their own money.

## **Taking ownership and responsibility of the house**

Tenants agree upon a system and schedule for household chores:  
Cooking, cleaning, grocery shopping, garbage, etc.

The system/schedule should be revised every 3 months to change things that aren't working or to make sure adjustments have been made according to progress/changes in an individual's work/school schedule.

## **Tenants with Children**

A tenant is allowed a maximum of 1 child to live in the home with her and is fully responsible for the care and provision of her child, including school fees, crèche, clothing and food, cleaning up after her child and applying for/receiving a childcare grant, if necessary.

As mentioned in the "Disciplinary Action" section, any girl who falls pregnant while living in the home will be given 30 days to find alternative accommodation.

## **Her Voice Sessions/Mentor Meetings**

Each girl will agree to attend every Her Voice session as far as her work/school schedule permits. Her Voice sessions will be hosted in the Transition Home.

Points will be earned by attending the Her Voice sessions and the tenants without a child can use the points towards medical needs and toiletries according to the catalogue provided.

Each girl will be paired with a "mentor" and the frequency of the mentor meetings will be decided by the mentor and the girl, but there should be a minimum of one a month.

## **Curfew**

Each girl will be required to be home by 22:00 as far as her work/school schedule permits.

For safety reasons if a girl plans to stay out over night or for multiple nights she must notify her housemates.

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A girl shouldn't be out overnight more than 4 nights in a month. Any more than that shows that she doesn't actually need the Transition Home.

## **No Boys Allowed**

That.

## **Peace in the Home**

If there is a conflict in the home a girl must first try to address it with the one(s) with which there is an issue. If that doesn't work she must call a supervisor for a meeting.

## **Disciplinary Action**

The 3<sup>rd</sup> time an individual in the house goes against any rules or regulations of the house she will be given 2 weeks to find alternative accommodation and will be given her entire savings upon moving out.

If a girl falls pregnant while living in the house she will be given 30 days to find alternative accommodation and will be given her entire savings upon moving out.

At every contract revision meeting (every 3 months) a girl hasn't achieved a majority (4/6) of the goals she set for herself she will receive a warning. After 3 terms of failing to meet her goals we will understand that she doesn't have the will or motivation to progress, which goes against the purpose of this home, and she will be given 30 days to find alternative accommodation and will be given her entire savings upon moving out.

## **The Transition Out**

Each individual will enter the house under different circumstances. Therefore, during your welcome interview, each girl will sit with a supervisor and come up with her own personal contract. This will mostly consist of the girl's personal goals for herself and a timeline in which she feels she will be able to accomplish everything. The supervisor is there to guide and to help realistically decide how long each thing should take. As mentioned in the "Goals" section at the top, each girl's contract will be reviewed every 3 months to gauge progress and readjust the timeline, if necessary.

## **What to expect from us.**

We believe in you so much and we are here to help you where you cannot help yourself. You will be expected to make your own CV's, apply for your own jobs and schooling, get to and from work and school on your own, take care of your own child if you have one, buy your own groceries, pay your own bills and communicate to us when there is a problem or need. We are happy to help with things like editing your CV and be references for you, give you advice on job interviews, show you how to budget, etc. But you being in this house is to prepare you to be on your own, as an adult woman. We are just part of the journey, not the destination.