

List of foods which can be grown in Alabama

Derived from <https://www.thespruceeats.com/alabama-seasonal-fruits-and-vegetables-2217168>

- **Apples**, late June through early October (available from cold storage until spring)
- **Asparagus**, March through June
- **Basil**, May through October
- **Beets**, April through July (available year-round from storage)
- **Blackberries**, late June through early September
- **Blueberries**, late May through early August
- **Broccoli**, late May through early August
- **Cabbage**, late April through early July
- **Cantaloupes**, June through September
- **Carrots**, year-round
- **Cauliflower**, March through June
- **Chard**, October through June
- **Chicories**, fall and winter
- **Chiles**, June through October
- **Clementines**, December
- **Collard Greens**, October through June
- **Corn**, late May through August
- **Cucumbers**, late May through early November
- **Eggplant**, late May through early October
- **Fava Beans**, February through May
- **Fennel**, October through April
- **Figs**, late July through early October
- **Garlic**, harvested in June (cured and stored year-round)
- **Grapes**, late July through early October
- **Green Beans**, late May through early November
- **Green Onions/Scallions**, January through June
- **Herbs**, year-round
- **Kale**, October through June
- **Leeks**, April through August
- **Lettuce**, March through early July
- **Mandarins**, November and December
- **Melons**, late June through September
- **Mint**, year-round
- **Morels**, Spring
- **Mushrooms** (cultivated), year-round
- **Mushrooms** (wild), spring through fall
- **Nectarines**, late May through early September
- **Nettles**, March and April

- **Okra**, June through October
- **Onions**, late April through early November (stored year-round)
- **Oranges**, November through January
- **Oregano**, year-round
- **Parsley**, year-round
- **Parsnips**, November through March
- **Peaches**, late May through early September
- **Pears**, August through November
- **Pea Greens**, March through May
- **Peanuts**, May through August
- **Peas & Pea Pods**, late April through early July
- **Pecans**, year-round
- **Peppers** (sweet), June through October
- **Persimmons**, late September through December
- **Plums & Pluots**, July and August
- **Potatoes**, late May through August (available from cold storage year-round)
- **Pumpkins**, late September through early November
- **Radishes**, March through June
- **Radishes** (daikon, watermelon, other large varieties), October through March
- **Raspberries**, June and July
- **Rhubarb**, February through May
- **Rosemary**, year-round
- **Rutabagas**, late September through early December
- **Sage**, year-round
- **Shallots**, June and July (from storage all year)
- **Shelling Beans**, July through November
- **Snap Peas/Snow Peas/Pea Pods**, late April through early July
- **Sorrel**, year-round
- **Spinach**, late March through early July
- **Strawberries**, late March through early July
- **Summer Squash**, late April through September
- **Sweet Potatoes**, harvested July through November but available from storage year-round
- **Tangerines**, December
- **Thyme**, year-round
- **Tomatoes**, June through October
- **Turnips**, January through April
- **Watermelons**, June through September
- **Winter Squash**, late August through December
- **Zucchini**, late April through September
- **Zucchini Blossoms**, late April through September